



11TH UPOA TRAUMA COURSE 2025

26 October 2025, Sunday

Organised By
Kanpur Orthopaedic Association

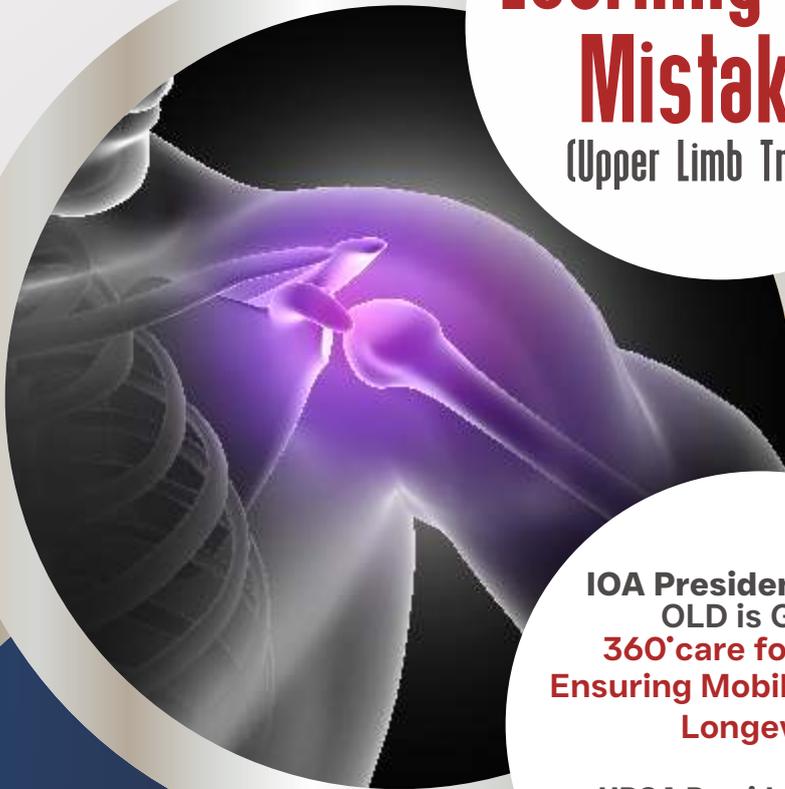
Venue
IMA Building, Kanpur

Theme
**Learning From
Mistakes**

(Upper Limb Trauma)

IOA President Theme
OLD is GOLD
360° care for Elderly
Ensuring Mobility, Dignity,
Longevity

UPOA President Theme
Bridging Tradition &
Technology for Better Care



Welcome Message

Dear Colleagues,

It is our privilege to welcome you to this **11th UPOA Trauma Course on Upper Limb Injuries**, with the central theme **“Learning from Mistakes.”**

In trauma care, particularly of the upper limb, the difference between functional recovery and long-term disability often lies in the decisions we make. Mistakes—whether in diagnosis, surgical planning, execution, or rehabilitation—are inevitable in the journey of every surgeon. What matters most is our ability to recognize them, reflect upon them, and learn from them.

This course has been designed to create an open platform where **real-world experiences, errors, and challenges** are discussed candidly. By analyzing pitfalls and complications, we hope to strengthen our collective understanding and improve the standards of care we provide to our patients. Through case-based discussions, keynote lectures, and interactive sessions, the program emphasizes not only **what to do** but also, importantly, **what to avoid**.

We warmly welcome you to engage actively, share your own experiences, and take away valuable insights that will help us all evolve as safer, more thoughtful surgeons. Together, let us transform mistakes into milestones of learning and growth.

With best regards,
Organizing Committee
11th UPOA Trauma Course
Kanpur

Theme

LEARNING FROM MISTAKES (Upper Limb Trauma)

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ABOUT KANPUR

Kanpur, nestled along the banks of the sacred River Ganges in Uttar Pradesh, is a city that blends industrial prowess with deep historical and spiritual roots. Once known as the “**Manchester of India**” for its booming textile industry, Kanpur played a pivotal role in India's 1857 uprising and continues to echo with stories of resilience and transformation. Its bustling streets, colonial-era architecture, and vibrant local culture make it a compelling destination for travellers seeking both heritage and modern charm.

Among Kanpur's standout tourist attractions is the serene **JK Temple**, a stunning fusion of ancient and contemporary architecture that draws spiritual seekers and architecture enthusiasts alike. The **Allen Forest Zoo**, also known as Kanpur Zoological Park, offers a lush escape with its expansive greenery and diverse wildlife, making it a favourite among families. For thrill-seekers, the **Blue World Theme Park** delivers a splash of excitement with its themed rides inspired by cultures ranging from Mayan to Egyptian. Meanwhile, **Moti Jheel**—a picturesque lake surrounded by gardens—provides a tranquil spot for picnics and evening strolls.

History buffs will find **Bithoor** especially captivating. Located just outside Kanpur, this ancient town is steeped in mythology and rebellion. It's believed to be the birthplace of Luv and Kush, sons of Lord Rama, and houses the sacred **Valmiki Ashram** along the Ganges. Bithoor also served as a stronghold for Nana Sahib during the 1857 revolt, and visitors can explore memorials and museums that preserve this legacy. Whether you're drawn to Kanpur for its spiritual sanctuaries, colonial monuments, or vibrant parks, the city offers a rich tapestry of experiences that reflect India's layered past and dynamic present.

Visit Kanpur for a refreshing getaway that blends history, culture, and a touch of adventure—Kanpur is calling. Let's plan a visit and explore the heart of Uttar Pradesh—it's more than just a city, it's an experience waiting to be shared.



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TREASURER
DR GAURAV BHALLA



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DR RAJENDRA NATH

DR G K SENGAR

DR SANJAI RASTOGI

DR A K GUPTA

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VICE PRESIDENT

DR ANOOP AGARWAL
IMMEDIATE PAST PRESIDENT

DR GAURAV NATH BHALLA
TREASURER

DR ADITYA NARULA
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DR DHANANJAY SABAT
NEW DELHI



DR PRASHANT KAMBLE
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Registration Form

	EARLY BIRD (TILL 15-09-2025)	REGULAR REGISTRATION (TILL 15-10-2025)	SPOT REGISTRATION
UPOA MEMBERS	INR 1500	INR 1700	INR 2000
UPOA NON MEMBERS	INR 2100	INR 2300	INR 2500
PG STUDENTS	INR 1000	INR 1200	INR 1500
ACCOMPANYING PERSON	INR 1000	INR 1000	INR 2000
UPOA MEMBERS > 65 YRS	Free	Free	INR 1000

ACCOUNT DETAILS: FOR ONLINE REGISTRATION

ACCOUNT NAME	KANPUR ORTHOPAEDIC ASSOCIATION	ACCOUNT TYPE	CURRENT
ACCOUNT NUMBER	07911000001573	IFSC CODE	PSIB0000791
NAME OF BANK	PUNJAB & SIND BANK	BRANCH NAME	SAROJNI NAGAR, KANPUR

NAME	<input type="text"/>		
UPOA LM NO.	<input type="text"/>	IOA LM NO.	<input type="text"/>
DATE OF BIRTH	<input type="text"/>	MOBILE NO.	<input type="text"/>
E-MAIL ID	<input type="text"/>		
ADDRESS	<input type="text"/>		
ACCOMPANYING PERSON	<input type="text"/>	AGE / SEX	<input type="text"/>
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PAYMENT

I AM ENCLOSING HERewith THE RTGS DETAILS/CHEQUE/DEMAND DRAFT/UPI WITH THE FOLLOWING PARTICULARS:

UPI TRANSACTION NO.	<input type="text"/>	BANK DETAILS	<input type="text"/>
RTGS / CHEQUE / DD NO.	<input type="text"/>	AMOUNT	<input type="text"/>
SIGNATURE	<input type="text"/>	DATED	<input type="text"/>

FOR FURTHER DETAILS PLEASE CONTACT
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