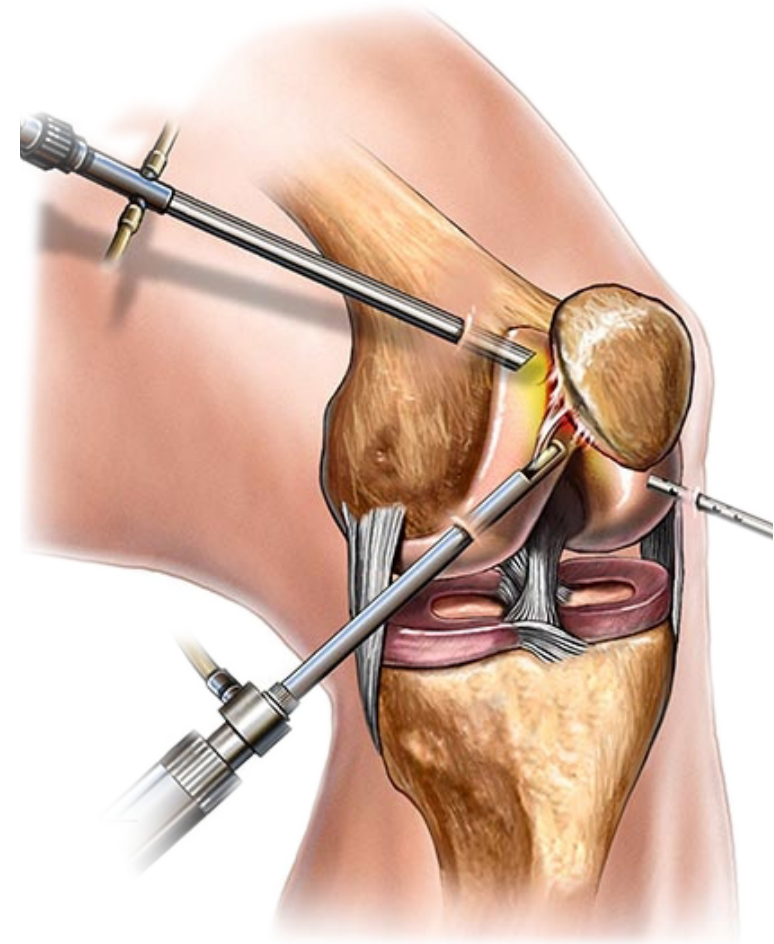


# Kanpur Arthroscopy Course

10 July Sunday

## Welcome to Kanpur

Importance of keyhole surgeries is increasing day by day with the invention of advance tools. Which give you similar comfortability to work as open surgery gives. Sports medicine has percolated deep to B category towns in depth. This is high time to plunge in to world of Arthroscopy. And if we start learning this from perfect GURUs , one learns not only the right technique but it remains long lasting also.



On behalf of Kanpur Orthopedic Association, I feel great honor to invite you to the course on Sports medicine which has worlds' best faculty from India and abroad, who are best known for their teaching capabilities.

As said, "We may forget what we read but we know what we do." Following the dictum we have also organized, "The hands on practical training" for the first time. So that we get practical experience also. Therefore mark your calendar, ensure to be part of this course, full of eminent faculties. We Team KOA shall not leave any stone unturned to welcome you and host you.

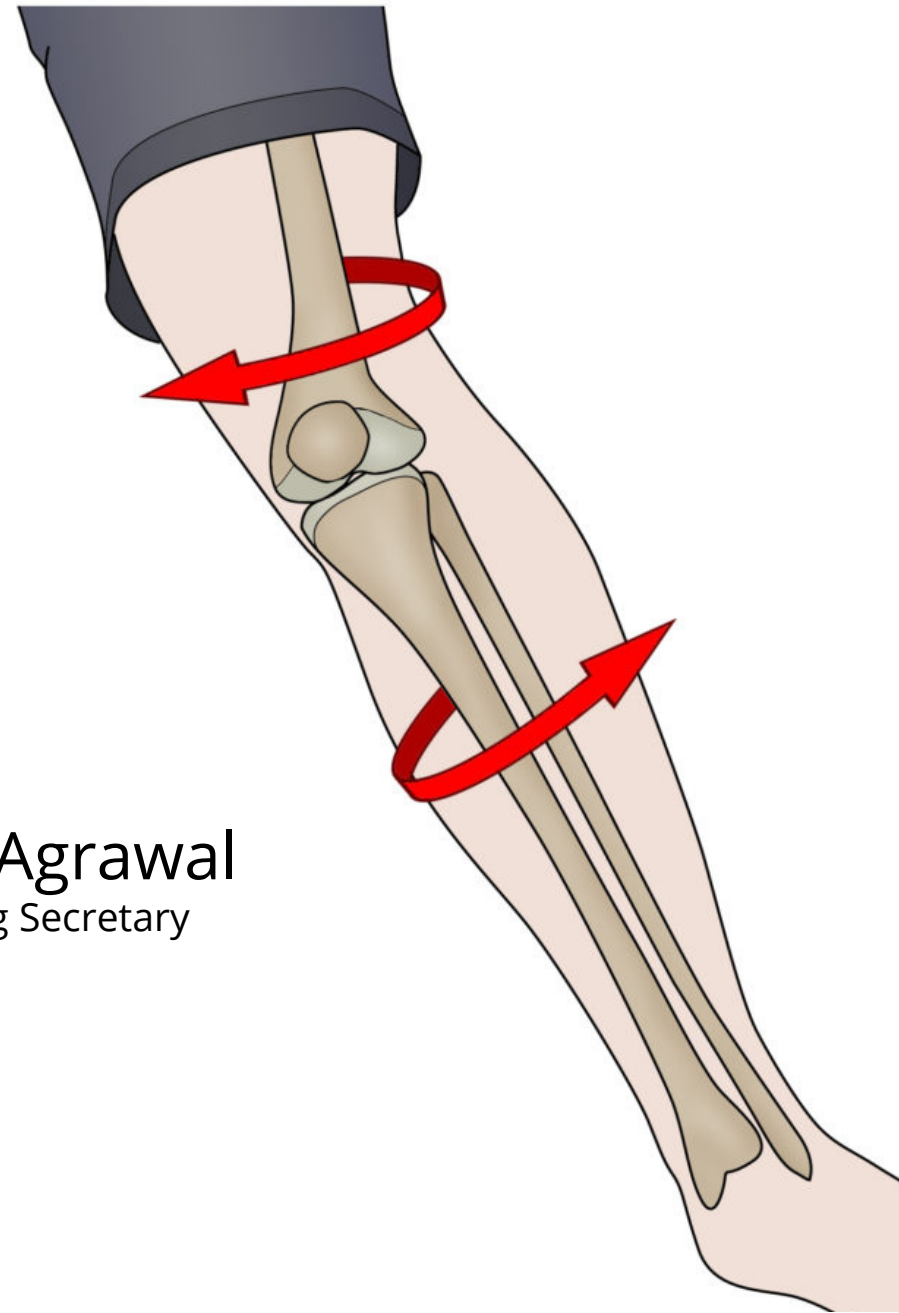
Awaiting your arrival eagerly.

**Dr. R.K. Singh**  
Organising Chairman

**Dr. A. S. Prasad**  
Organising Co- chairman

**Dr A K Agrawal**  
Organising Secretary

Tap to Register





# KOA - Kanpur Orthopedic Association organises



**Dr. A.K. Agrawal**  
President, KOA



**Dr. Chandan Kumar**  
Secretary, KOA

## Kanpur Arthroscopy Course Under the aegis of UPOA



UPOA - Uttar Pradesh Orthopaedic Association



**Dr. Ashish Kumar**  
President, UPOA



**Dr. Santosh Singh**  
Secretary, UPOA



**Dr. Anoop Agrawal**  
President-Elect, UPOA

## In association with AAUP



AAUP - Arthroscopy Association Uttar Pradesh



**Dr. Ashish Kumar**  
President, AAUP



**Dr. Vinay K. Pandey**  
Secretary, AAUP

**10th July 2022, Sunday, 8 Am**

**Venue: Hotel Vijay Intercontinental**

10/510, Khalasi Line, Tilak Nagar

Tap for the location



**Organised By: Kanpur Orthopaedic Association**



# Faculty

(In alphabetical order)

## Dr. Amit Joshi

### Arthroscopy Surgeon



Dr. Amit Joshi is a renowned Arthroscopy surgeon from Nepal and currently Professor at KIST Medical college and Senior Arthroscopy Consultant at B&B Teaching Hospital. He pursued his fellowship in Arthroscopy & Sports injury from India and USA, and has been actively involved in arthroscopic surgery since 2007, with experience of over 10000 arthroscopic surgeries. He has over 70 publications & many under review. Dr. Joshi is a well known clinical researcher. He has written several chapters on Arthroscopy and published 3 books. He has published more than 75 research papers in national and international journals. He has published 7 techniques which is popular all over the world.



## Dr. Anant Joshi

### Sports Injury Specialist

Sports Medical Consultant to the Board of Cricket in India (BCCI)

Past president of the Indian Arthroscopy Society.

Arthroscopy Training: At various centres in the US, Europe, Asia & Australia.

Best All Round Student of Grant Medical College, Mumbai. 1978.

Elected to "Who's who in American Universities & Colleges" 1984.

Lifetime achievement award - Indian Arthroscopy Society in 2012

"Most Inspiring Cyclist" at the Tour of The Nilgiris in 2014

Ex.Member of the medical committee of the International Cricket Council (ICC).

Bombay University Badminton Men's Singles Winner 2 consecutive years.

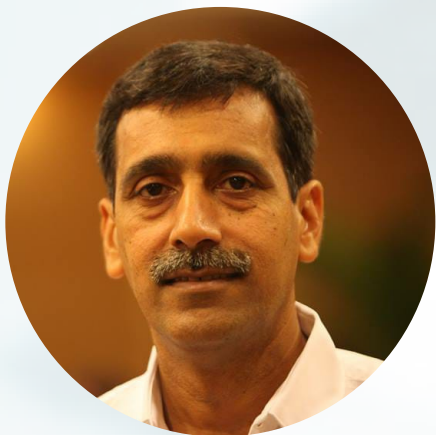
All India Inter-Medical Badminton Champion 3 times in a row

## Dr. Ashish Kumar

**Professor, Deptt. Of Orthopaedics HOD, Deptt. Of Sports Medicine (KGMU)**

Professor at KGMU, Lucknow. Arthroscopy & arthroplasty specialist & Head, Sports Medicine Department. Advanced training in Australia, France, Germany & England. Established arthroscopy to new heights in KGMC. Published many papers in International & National journals. . Founder Secretary & President, Arthroscopy Association, Uttar Pradesh  
Organizing Secretary, IASCON 2023





## **Dr. K. D. Tripathi**

### **Arthroscopy & Ortho. Surgeon**

worked in University of Dundee, Scotland, United Kingdom. Registrar Orthopaedics - Central Institute of Orthopaedics, Vardhaman Mahavir Medical College, Safdarjang Hospital, New Delhi . Well travelled nationally and Internationally for the cause of Orthopaedics and Invited by many advanced Arthroscopic Surgeries centres and got Fellowships. Organized many National and International Seminars and Conferences at Allahabad. Presented many Guest Lectures and Papers in different Conferences, Workshops and Seminars around the Country and Abroad.. Awarded many National and International Awards and Fellowships.

## **Dr. Sachin Tapasvi**

### **President, IAS**

Dr. Sachin Tapasvi, one of the leading Joint Replacement Surgeons practicing in Pune, boasting of several Fellowships and experience garnered internationally as well as in India. He completed his MBBS and M.S. (Ortho) from B.J. Medical College, Pune with GOLD medals for topping the university in both the courses.

He further honed his skills after being selected as an Asia Pacific Fellow at The Queen Elizabeth Hospital, Adelaide, Australia from January 1998. Here, Dr. Tapasvi was entrusted with the Adult Reconstruction Surgery services comprising Arthroscopy and Joint Replacement.





## Dr S R Sundararajan

**General Secretary, IAS**

Dr S.R. Sundararajan is working as a Senior Consultant in Arthroscopy, . He started the Arthroscopy & sports medicine department at Ganga Hospital . He has won the Best Paper Awards in Indian Arthroscopy meetings of 2008 and 2013 and consultant medals in 2013, 2014 & 2017 of Tamil Nadu Orthopedic Association. He is the past president of the Indian foot and ankle society , Indian association of sports medicine and is currently the Leg, Ankle & Foot Committee Member of ISAKOS, General secretary of the Indian arthroscopy society & President of Tamilnadu Orthopaedic Association.

## Dr. Vinay Pandey

**Sports injury specialist**

After getting trained in knee & shoulder arthroscopic surgeries in New Delhi and few centers across Europe n Korea, Dr vinay pandey shifted to Varanasi and started performing arthroscopic surgeries since 2010. He is one of pioneer Arthroscopy surgeon in UP.

Currently he runs "kalyani knee & shoulder clinic" in VARANASI & is a visiting Arthroscopy surgeon to other cities



# Scientific Program

8:00 am - 9:00 am: Registrations & Breakfast

## **Session 1 (ALL ABOUT MENISCUS)**

**9:00 am - 10:30 am**

9:00 am - 9:15 am: Dr KD Tripathi

Technical Pearls: Meniscectomy a nightmare (Tips to avoid struggle with meniscectomy)

9:15 am - 9:30 am: Dr Sundar Rajan

Technical Pearls: Making Meniscal Repair Easy & Reproducible

9:30 am - 9:45 am: Dr Anant Joshi

Current Concepts: RAMP lesions (How my understanding evolved in 40 yrs?)

9:45 am - 10:00 am: Dr Amit Joshi

Technical Pearls: Outside in Meniscal repair (My gold standard for managing meniscal tears)

10:00 am - 10:15 am: Dr Sachin Tapasvi

Technical Pearls: Inside out meniscal repair: How to make technique predictable and reproducible.

10:15 am - 10:30 am: Dr Anant Joshi

Evolving Concepts: Why & how not to miss Meniscal Root Tears (A silent Epidemic)

SESSION 1 DISCUSSION (10:30 am - 10:45 am)



## **Session 2 (ALL ABOUT ANTERIOR CRUCIATE)**

**10:30 am - 12:00 noon**

10:45 am - 11:00 am: Dr Anant Joshi

Technical Pearls: Step by Step ACLR (From 120 min to 20 min procedure)

11:00 am - 11:15 am: Dr Amit Joshi

Technical Pearls: Remnant Preservation ACLR made easy

11:15 am - 11:30 am: Dr Sundar Rajan

Technical Pearls: Reinventing lost art of ACLR using PTB

11:30 am - 11:45 am: Dr Sachin Tapasvi

Evolving Concept: ACL Femoral avulsion repair (When & How I do it?)

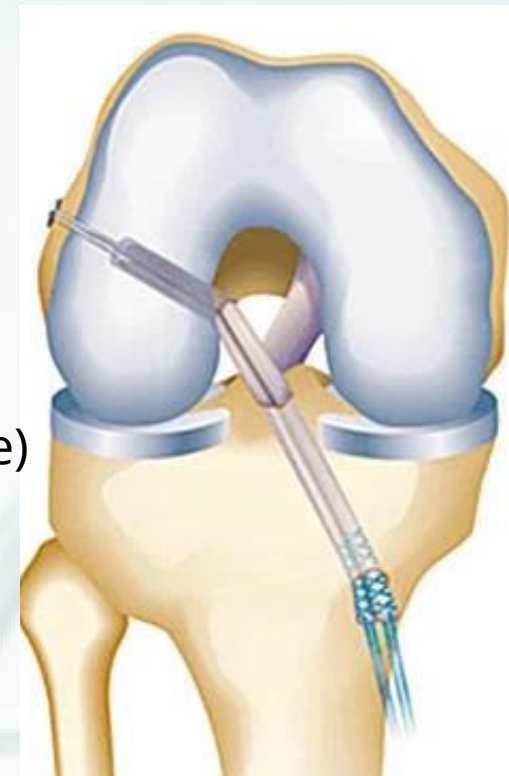
11:45 am - 12:00 noon: Dr Ashish Kumar

Current Concepts: Failed ACL (How I manage?)

12:00 noon - 12:15 pm : Dr Vinay Pandey

Technical Pearls: ACL Avulsion Surgery (15 steps to Fixation)

SESSION 2 DISCUSSION (12:15 pm - 12:30 pm)



12:30 pm - 1:00 pm (LAMP LIGHTING, PRAYER & INAUGURATION)

## Session 3 (UNDERSTANDING MEDIAL KNEE INJURIES )

01:00 pm - 01:15 pm : Dr Anant Joshi

Current Concepts: Medial side Knee Injury: My treatment Algorithm

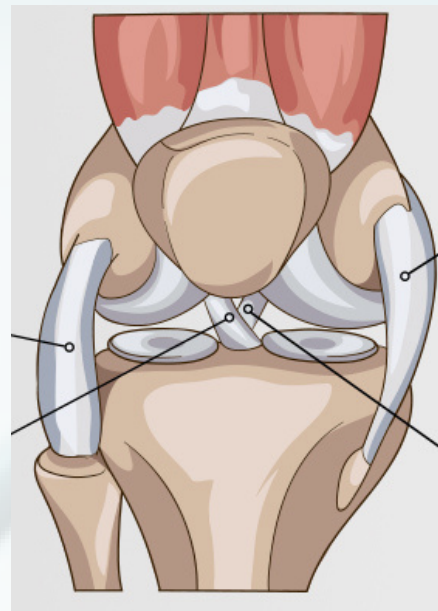
01:15 pm - 01:35 pm : Dr Sachin Tapasvi

Technical Pearls: All about MCL Repair (When and How??)

01:35 pm - 01:50 pm: Dr Amit Joshi

Technical Pearls: MCL RECONSTRUCTION: Making surgery easy and affordable (Dr Amit Joshi technique)

SESSION 3 DISCUSSION (01:50 pm - 2:00 pm)



Lunch

**Hands on Work shop on ACLR and Meniscal repair**

Valedictory function



# Kanpur Arthroscopy Course 2022

Sunday , 10th July 2022

Venue: Hotel Vijay Intercontinental



## *Registration Form*

Name :-.....

UPOA/ KOA No. :-.....Official Address :-.....

Mobile No. :- .....Email id :- .....

### **Registration Fee:**

KOA Members: Free to Registered before 15 June, after that 1000 INR

Non KOA Members : 1000 INR (Per Person) before 15 June

1500 INR (Per Person) before 30 june

2000 INR (Per Person) after 30 june

Residential : Book your hotel at negotiated price directly ( 20 % discount on tariff and 10% on food )

Contact :- Vikash ☎7706010035, Rahul ☎9305023699, Recpetion no. :- ☎0512-6669000, 6669001-37



# Payment Mode:

(Multicity Cheque/Draft in favour of " Kanpur Orthopaedic Association")

Payable at Kanpur For Online Registration / NEFT/RTGS details are given below:

Bank Name: Punjab & Sindh Bank, Sarojini Nagar, Kanpur

A/c. No.: 07911000001573 (Kanpur Orthopaedic Association) IFSC Code : PSIB0000791

Contact Person: Dr. A. K. Agrawal ☎ 9415051052 Dr. TPS Lamba ☎ 9415125960

Aman Sharma ☎ 9161020901 Email: drak@satyahospital.com

Completed Registration form with payment details with date to be sent to-

**Dr. A.K. Agrawal**

Organising Secretary

Arthroscopy & Sports Injury Specialist

Satya Hospital, Satya Chowk, Barra 6, Kanpur

Mob.: 9415051052, Email: drak@satyahospital.com

or

Tap to fill form



# Places of interest to visit

## J. K. Temple

Singhania family which owns a number of companies under its umbrella JK Organisation formed a trust known as JK Trust in 1953. The trust constructed this temple and was opened for public in the year 1960.[1] The temple celebrated its 50 years in 2010.

The temple is located on First Street in Sarvodaya Nagar locality of Kanpur. The Kanpur Airport is located around 14 km from temple's campus.



[Tap for Map](#)



[Tap for Map](#)

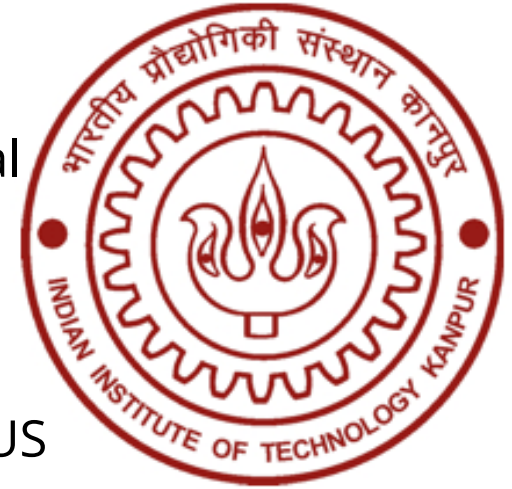
## Allen Forest

Kanpur Zoological Park or Allen Forest Zoo also called the Kanpur Zoo is a 76.56-hectare (189.2-acre) zoo in Kanpur, a large city in Northern India. It is the largest open green space in Kanpur and the largest zoological park in North India. Originally a natural habitat for fauna, it is one of the few zoos in India created in a natural forest. The animals inhabited in the Zoological Park have been put in open and moated enclosures. The moated enclosures give the animal ample

# IIT Kanpur

Indian Institute of Technology Kanpur (IIT Kanpur) is a public technical university located in Kanpur. It was declared to be an Institute of National Importance.

Established in 1959 as one of the first Indian Institutes of Technology, the institute was created with the assistance of a consortium of nine US research universities as part of the Kanpur Indo-American Programme. Many famous people are alumnus of IIT Kanpur, Like founder of Indigo airline, Narayan Krishnamurti of Infosys, Ashwini Chaubey Railway Minister, etc.



 [Tap for Map](#)

## Nana Rao Park, bithoor

Nana Rao Park / Company Bagh is a public city park in Kanpur, the industrial hub of Uttar Pradesh, India, built after Indian independence in honor of Nana Sahib. Prior to Indian Independence the location was known as Memorial Well and commemorated the massacre of British women and children during the Indian Rebellion of 1857. The park is of immense historical significance as the location of the massacre of around 200 British women and children, allegedly on the instigation of a courtesan in Nana Sahib's court, followed by the punitive actions by British soldiers of the East India Company during the 1857 Indian rebellion.



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## Green Park

Green Park Stadium is an international standards cricket stadium of Kanpur, India. Its seating capacity is 32,000 seats. It is the home ground of Uttar Pradesh Cricket team. This arena is an International Test match venue. Green Park is under the control of the Sports Department Uttar Pradesh. It has hosted international cricket matches in both of Test and ODI format. The stadium hosted the 500th test played by the Indian team. I



[Tap for Map](#)

## Ganga Barrage

Officially named as the Lav Khush Barrage, this bridge across the Ganges river lies at Azad Nagar-Nawabganj in Kanpur. This is a picnic spot where people love to have Tea, maggi , corn and icecreams



[Tap for Map](#)

# GSVM Medical College

Ganesh Shankar Vidyarthi Memorial Medical College ( GSVM MC) is a government medical college in Kanpur, Uttar Pradesh. The college is named after Ganesh Shankar Vidyarthi, a freedom fighter and journalist from Kanpur. It was founded in 1956.

There is an annual intake of 250 students to the MBBS course. It is largest bedded hospital in Asia. This has seven speciality hospital including cardiology and cancer.

The institute has a lush green eco-friendly campus with big trees and well-spread gardens all over. GSVM MC has a sprawling campus with hospital & college sections accommodated in huge buildings.



[Tap for Map](#)



[Tap for Map](#)

## Luv Kush Ashram

An ancient historic place from **Treta Yug**. Which has enormous focused energy centre due to uncountable worships of people.

Here Sita ji lived in Valmiki Ashram. Luv and Kush were born here. These princes caught Horse of Ashwmev Yaghya and fought war from brothers of God Ram. They tied Hanuman with the tree here. There is a ancient Banyan tree with which Hanumaan ji was tied up. hundreds of bats remain in that tree to get his blessings. one can see the place where Sita ji took SAMADHI in earth.

# Places for shopping

## Z Square Mall

Z Square Mall is a shopping mall cum entertainment complex in the Indian city of Kanpur. The mall is spread on an area of five acres in the middle of Kanpur city with 900,000 sqft. of built-up area and the presence of more than 150 National & International brands. The mall is ranked as 7th largest mall in India. The mall is owned by reputed ZAZ Tanners Group, a famous leather industries. You get every single thing you name, here. Great food court is there. one can enjoy movie also.



 [Tap for Map](#)



 [Tap for Map](#)

## Rave 3 Mall

Rave 3 is a Multiplex cum Mall in the Indian city of Kanpur. The mall is spread over an area of commercially operational. The mall consists of three multiplexes by Adlabs, two restaurants, Tadka – Indian cuisine, Palate – Multicuisine, a banquet hall named Jalsaa, Food Court. The major attractions are Big Bazaar, Cafe Coffee Day, Domino's Pizza, Timeout game zone and Baba Biryani, a restaurant chain opened by the famous biryani joint of the city.

# Naveen Market

Naveen Market, earlier King's Market (during British rule) is one of the most popular markets in the Indian city of Kanpur. The market is situated in the North Central region of Kanpur city and is the most expensive market in the city with leather, garments, perfumes and jewellery shops as main attractions. The famous "The Landmark Hotel" and Som Dutt Plaza are situated near Naveen Market. The shops at the market are all of same colour and are situated inside old colonial buildings.

People usually go to buy clothes shop, Leather Jackets, Shoes, Purses, Belts, Hand bags, are exclusive in Kanpur. These are the products which are manufactured in Kanpur and exported all over the world. You get best price.



 [Tap for Map](#)



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## P.P.N. Market

Naveen Market along with PPN Market adjacent to it is the example of modern and planned market. This is known for apparels.

The government has developed a multilevel parking near PPN Market on either side of Mall Road which is to be connected through a subway to PPN Market and a pedestrian overpass which shall have escalators and elevators. PPN Market became famous because of PPN College.

# Organising Committee



**Dr. R.K. Singh**  
Organising Chairman



**Dr. A.S. Prasad**  
Organising Co- chairman



**Dr. A.K. Agrawal**  
Organising Secretary



**Dr. TPS Lamba**  
Convenor



**Dr. Ajeet Tiwari**  
Co-Secretary



**Dr. Chandan Kumar**  
Co-Secretary

# Assistant Secretary



**Dr. Daksh Gadi**



**Dr. Gaurav Gupta**



**Dr. Nirbhay Saxena**



**Dr. Vishal Agrawal**

## Adviser



**Prof. A.k. Gupta**



**Dr. Anand Nigam**



**Dr. Anil Shukla**



**Dr. G.K. Sengar**



**Dr. Rajendra Nath**



**Dr. Rajeev Agrawal**



**Dr. V. S. Sharma**



**Dr. Vinay Gupta**

# Team KOA (Kanpur Orthopedic Association)

## **Dr. A.K. Agrawal**

President KOA

## **Patron**

Dr. S. Rajpal  
Dr. Rajendra Nath  
Dr. G.K. Senger

## **Treasurer**

Dr. T.P.S Lamba

## **Executive Committee**

Dr. Anoop Agrawal  
Dr. Dilip Agrawal  
Dr. Suraj Mehrotra  
Dr. Manav Luthra  
Dr. Rahul Rishi  
Dr. Raghvendra Tripathi  
Dr. Bipinjeet Saluja  
Dr. Ashish Mishra

## **Dr Anand Nigam**

Chairman Sc.Committae

## **Vice President**

Dr. Nirbhay Saxena

## **Joint Secretary**

Dr. Ajeet Tiwari

## **Scientific Committee**

Dr. Roth Nath (Secretary)  
Dr. Harpreet Singh  
Dr. Vishal Agarwal  
Dr. Daksh Gadi  
Dr. Pragnesh Kumar

## **Socio-Cultural Committee**

Dr. V.S. Sharma  
Dr. Ashish Mishra  
Dr. V.P. Singh  
Dr. Anil Shukla  
Dr. Sunil Singh  
Dr. Vinay Gupta  
Dr. Rahul Agrawal

## **Dr. Chandan Kumar**

Secretary KOA

## **Immediate Past President**

Dr. Nadeem Faruqui

## **Immediate Past Secretary**

Dr Ravi Garg

## **Senior Advisors**

Dr. R.P. Johri  
Dr. Sanjay Rastogi  
Dr. A.K. Gupta  
Dr. R.K. Singh  
Dr. A.S. Prasad  
Dr. Pushkar Anand  
Dr. Ramji Khanna  
Dr. Rajeev Agrawal  
Dr. A.S. Saluja  
Dr. A.K. Bhateja  
Dr. Pankaj Tandon